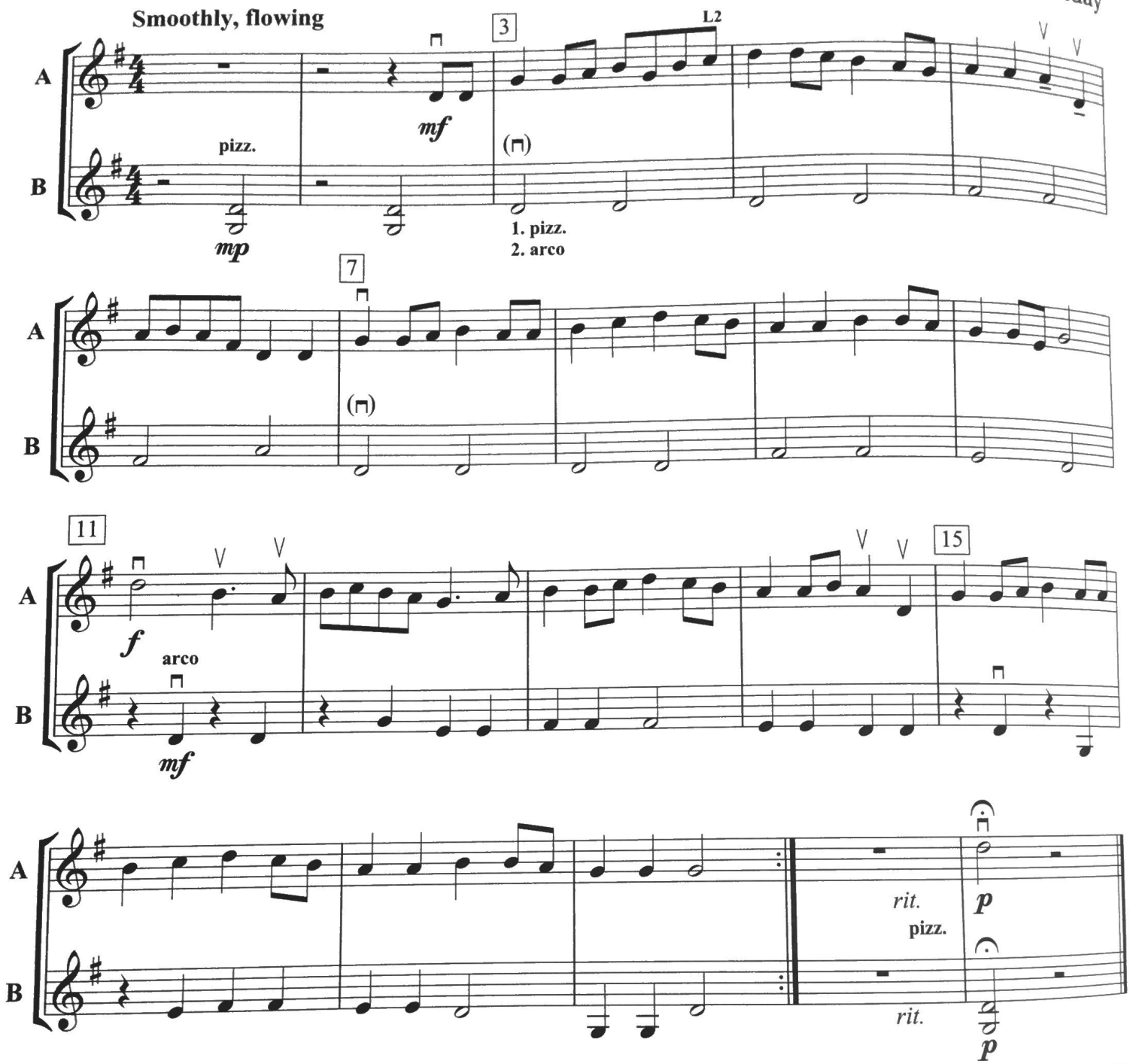
The Shakers were a religious community that flourished in the United States during the 18th-19th centuries and composed thousands of songs. "Simple Gifts" is the most famous Shaker song. It has been adapted as a hymn in other faiths and was used by Aaron Copland (1900–1990) in his ballet "Appalachian Spring."

Simple Gifts

American Shaker Hymn

Monday